# Help sheet for praying the Rosary during the Coronavirus pandemic

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#### THE MYSTERIES OF THE ROSARY

### Joyful Mysteries (Mon & Sat)

- 1. The Annunciation of the Lord to Mary
- 2. The Visitation of Mary to Elizabeth
- 3. The Nativity of our Lord Jesus Christ
- 4. The Presentation of our Lord
- 5. Finding Jesus in the Temple

#### Sorrowful Mysteries (Tue & Fri)

- 1. The Agony of Jesus in the Garden
- 2. The Scourging at the Pillar
- 3. Jesus is Crowned with Thorns
- 4. Jesus Carries the Cross
- 5. The Crucifixion of our Lord

### **Glorious Mysteries (Wed & Sun)**

- 1. The Resurrection of Jesus Christ
- 2. The Ascension of Jesus to Heaven
- 3. The Descent of the Holy Spirit
- 4. The Assumption of Mary into Heaven
- 5. Mary is Crowned as Queen of Heaven & Earth

# **Luminous Mysteries (Thu)**

- 1. The Baptism in the Jordan
- 2. The Wedding at Cana
- 3. The Proclamation of the Kingdom
- 4. The Transfiguration
- 5. The Institution of the Eucharist

# **APOSTLES' CREED (CRUCIFIX)**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven,

and is seated at the right hand of God the Father almighty:

from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **OUR FATHER (LARGE BEADS)**

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

# HAIL MARY (SMALL BEADS)

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

# **GLORY BE (END OF EACH DECADE)**

Glory be to the Father, the Son, and the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

# FATIMA PRAYER (AFTER THE GLORY BE)

O My Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those who are in most need of Thy mercy.

# POPE FRANCIS'S PRAYER TO MARY DURING THE CORONAVIRUS PANDEMIC

O Mary, you always shine on our path as a sign of salvation and of hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm.

You, Salvation of Your People, know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial.

Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen.

Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin. Amen.

# HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy,

Our life, our sweetness, and our hope.
To thee do we cry,
Poor banished children of Eve:
To thee do we send up our sighs,
Mourning and weeping in this vale of tears.
Turn then, O most gracious Advocate,
Thine eyes of mercy toward us,
And after this our exile,
Show unto us the blessed fruit of thy womb,
Jesus.

O clement, O loving, O sweet Virgin Mary!
Pray for us, O Holy Mother of God
That we may be made worthy of the promise
of Christ, Amen.

#### THE PRAYER TO SAINT MICHAEL

St. Michael the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil.

May God rebuke him, we humbly pray; and do thou, O prince of the heavenly host, by the power of God, cast into hell Satan and the other evil spirits who prowl about the world seeking the ruin of souls. Amen.

#### PRAYER TO ST JOSEPH

Protect, O Holy Guardian, this our nation.

Enlighten those responsible for the common good, so that they might know — like you do — how to care for those entrusted to their responsibility.

Grant intelligence of knowledge to those seeking adequate means for the health and physical well-being of their brothers and sisters.

Sustain *those who are spending* themselves for those in need, even at the cost of their own safety: volunteers, nurses, doctors who are on the front lines in curing the sick.

*Bless*, 0 St Joseph, the Church: beginning with her ministers, make her the sign and instrument of your light and your goodness.

Accompany, 0 St Joseph, our families: with your prayerful silence, create harmony between parents and their children, in a special way with the youngest.

*Preserve* the elderly from loneliness: grant that no one might be left in desperation from abandonment and discouragement.

*Comfort* those who are the most frail, encourage those who falter, intercede for the poor.

With the Virgin Mother, beg the Lord to liberate the world from every form of pandemic.

Amen.